



County DIGEST



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INTRODUCING THE REDESIGNED COUNTY DIGEST!

Across the County, teams are solving problems, showing up for residents, and creating moments that strengthen community, belonging, and safety, and this issue spotlights just a few of those stories. From community celebrations and district highlights, to initiatives that expand access, support wellness, and bring people together, each feature offers a glimpse into the work powering LA County every day. We are pleased to share what is happening!

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Spotlights

SARAH MAHIN

Department of Homeless Services and Housing (HSH)



The Los Angeles County Board of Supervisors has appointed Sarah Mahin as the Director of the new Department of Homeless Services and Housing (HSH), a consolidated department focused on homelessness solutions.

As Director, Sarah will lead the realignment of homelessness and housing services into one central, accountable agency, overseeing the transition of programs from multiple County departments.

Sarah previously served as Director of Housing for Health (HFH), managing an \$875 million budget, more than 600 staff, and contracts with hundreds of community-based organizations. She brings two decades of experience, including roles at the U.S. Department of Veterans Affairs and the Los Angeles Housing Services Authority (LAHSA) as Director of Policy and Systems.

“I am honored to serve as the inaugural Director of the Department of Homeless Services and Housing, and I am grateful to the Board of Supervisors,” Sarah said. “For me, this work has always been rooted in innovation, collaboration, and accountability to the people and communities that we serve. I am committed to leading with those values at the forefront. Together -- with housed and unhoused neighbors, frontline workers, community partners, and local leaders -- we will build a department grounded in dignity, inclusion, and real solutions that meet this moment and the future.”

“This is a moment to tackle our homelessness crisis in a new and innovative way,” said Supervisor Janice Hahn. “Sarah is ready to hit the ground running and with her knowledge of the County, I have no doubt that she will be able to steer this new department with the grace, know-how, and authority it needs.”

The Board approved a motion on April 1, 2025 (authored by Supervisor Lindsey P. Horvath and co-authored by Supervisor Kathryn Barger) to establish DSH; the department name was approved on July 1, 2025. DSH will be officially established by January 1, 2026, with goals of increased accountability, improved service delivery for people experiencing homelessness, and reduced burden on providers.

Community engagement meetings will be announced soon.

For updates, visit: ceo.lacounty.gov/dh.

Spotlights

DAVID J. CARROLL



David J. Carroll's story is a powerful testament to resilience, lived experience, and leadership. Once a child in the foster care system, he has come full circle, now serving as Director of the Los Angeles County Department of Youth Development.

With over 15 years of experience in youth advocacy and community-based work, he leads efforts to transform County support for justice-impacted youth. David's approach is deeply personal. He's building the kind of support system he once needed. From creating mentorship opportunities in juvenile halls to expanding community partnerships, he's committed to ensuring no young person is left behind.

Learn more about David by clicking the link [here!](#)

To Learn More About Other Leaders and Employees:

Listen to the DHR Podcast!

Live From LA County is a new podcast that elevates the stories of LA County employees through open and thoughtful conversations with leaders and changemakers.

Rodney Collins, Chief Deputy Director, DHR, leads the debut Living Library Series, guiding candid interviews with Department Heads that explore their values, career journeys, and the experiences that shape their leadership.

The premiere episode spotlights **Edward (Eddie) Yen, Executive Officer for the Board of Supervisors**. *Listen to it [here!](#)*

See [Page 19](#) for additional podcasts.

Check Out The Faces of LA County Program!

The latest participants in the Faces of LA County Program are here - and they are making waves! The eleven highlighted employees represent a wide section of County departments and roles, offering inspiring insights into the impact of public service.

Check out the Class of 2025 [here!](#)

Join Management Council!

This professional network for County management staff elevates leadership through training, mentorship, and collaboration, enhancing and strengthening the County's managerial talent.

Keep reading to discover five compelling reasons why joining Management Council is a powerful investment in your success!

Los Angeles County Management Council



5 benefits of Joining

LA County Management Council

1

Networking

Connect with a broad network of LA County leaders, including future colleagues, collaborators, and partners. These relationships can open doors to new career opportunities and long-term professional success within the County.



2

Educational Growth

Strengthen your leadership potential through LACMC's dynamic educational offerings. Stay ahead of the curve with insights on adaptability, digital transformation, and inclusive leadership—key drivers of innovation and organizational impact in today's evolving public sector.



3

Credibility & Trust Building

Meaningful relationships foster trust and credibility within the County family. As your reputation grows, so do your opportunities for collaboration, advancement, and career growth.



4

Improved visibility

Enhance your professional profile by actively participating in LACMC events and engaging with County leaders. Increased visibility leads to broader recognition and expanded influence across departments.



5

Leadership Development

LACMC provides powerful opportunities to lead, learn, and collaborate. Through events, programs, and peer connections, members are empowered to evolve into more effective, innovative leaders across Los Angeles County.



Join LACMC:



Learn More!

Scan the QR Code or click [here](#) to learn more about LACMC membership requirements and benefits!



District Highlights: *First District*

Hispanic Heritage Month & Reception

Hispanic Heritage Month was celebrated from September 15 to October 15!

In addition to hosting the annual East LA Mexican Independence Day Parade, Supervisor Hilda L. Solis held the annual **Hispanic Heritage Month Reception**, where she honored Latino organizations, local leaders, and community advocates from SD1. The event featured cultural performances, guest speakers, and spotlights on contributions in arts, education, and community service!



52nd Annual Día de los Muertos Celebration, East LA Civic Center

On November 1, Supervisor Solis co-hosted the **52nd Annual Día de los Muertos** celebration with Self-Help Graphics & Art, featuring altars, performances, and community art that brought families and local artists together in remembrance.

Supervisor Solis reflected on creating her own altar, calling it “a tradition that’s close to my heart and a way to honor the loved ones who continue to guide us.”

East LA Veterans Day Ceremony & Resource Fair

On November 8, Supervisor Solis helped lead a heartfelt **Veterans Day** celebration that brought together families, local organizations, and service partners for a day of recognition and support.

The event featured resource booths, children’s activities, complimentary meals, and connected veterans to County and nonprofit services related to health care, housing, and benefits.



District Highlights: Second District

Taste of Soul 20th Anniversary Festival

On October 18, Taste of Soul, **California's largest free one-day street and iconic food festival**, celebrated its 20th year on historic Crenshaw Boulevard, drawing thousands of attendees!

Supervisor Holly J. Mitchell, serving as chair, called the event "a powerful celebration," and highlighted the work of Team Mitchell and County departments sharing resources on site. She also recognized the LA Sentinel and the Bakewell Group for their leadership in sustaining this incredible cultural gathering.



Arts & Cultural Access Initiative

Supervisor Mitchell launched a **new pilot program to expand arts and cultural access** for SD2 residents. The initiative's first event, created in partnership with Great Leap, the LA Phil, and Praise Sanctuary, provided free tickets, meals, and transportation for Compton and Lennox residents to attend the Labor of Love Concert at the Ford Theatre.

Supervisor Mitchell noted she is "proud to work with community partners to create opportunities for residents who face barriers to accessing arts and cultural events."



Racial Justice Learning Exchange

Supervisor Mitchell continues to lead the County's **Racial Justice Learning Exchange** series, offering ongoing opportunities for residents to deepen their understanding of equity and community healing.

Recent sessions explored "**Embodied Justice: Healing Through Indigenous and Native American Perspectives**" (October 25) and "**Immigration**" (November 20). The series continued in December with a focus on maternal health.

Stay connected and find upcoming events by clicking [here!](#)



District Highlights: *Third District*

Metro Ride-Along, Clean Air Day & SoCal Transit Month

On September 26, Supervisor Lindsey P. Horvath participated in a **Metro Ride-Along** to promote clean-air awareness, emergency preparedness, and expand access to sustainable public transit.

The event highlighted regional efforts to improve rider safety, environmental health, and mobility options across the County.



Honored at Power of Pink

At the 2025 Power of Pink luncheon on October 5, Supervisor Horvath received the **Ruth Weil Spirit of Hope Award** from Saint John's Health Center Foundation for her leadership in breast cancer care, women's health equity, and community resilience.

The event brought together community members, healthcare leaders, and survivors to raise funds for expanded breast cancer programs across LA County. Highlighting the Margie Petersen Breast Center's excellence in care, Supervisor Horvath said, "It's about making sure that women really understand that their needs are being prioritized."

Emergency Preparedness Event

On November 16, SD3 hosted a family-friendly **Emergency Preparedness Event** at the Skirball Cultural Center.

Bringing together first responders, County and City public safety organizations, utilities, nonprofits, and local residents, attendees had the opportunity to learn from experts about earthquakes, wildfires, home hardening, insurance preparedness, and evacuation planning; stock up on essential supplies; and connect with neighbors!



District Highlights: *Fourth District*

Motel 6 Conversion: 55 New Supportive Housing Units

On October 30, Supervisor Janice Hahn opened **Weingart Rose**, a 55-unit permanent supportive housing community created from a former Motel 6. The fully leased site provides furnished units, services, and amenities for residents formerly experiencing homelessness.

Supervisor Hahn called the project “proof that when we act boldly and collaboratively, we can turn vision into reality,” adding that each unit represents “a life changed.”



Huntington Park Library Revitalization

Supervisor Hahn is spearheading long-overdue upgrades to the **Huntington Park Library!**

“For decades, the Huntington Park Library has been a hub for learning, of arts and culture, of preserving and sharing LA County’s indigenous heritage, and so much more. But it’s show its age. It’s time to upgrade it and deliver the world-class library that residents of Huntington Park and Walnut Park deserve,” Hahn shared.

Veterans Day LA, Inaugural Coliseum Event

Supervisor Hahn served as the event chair for the first-ever **Countywide Veterans Day** celebration at the LA Memorial Coliseum on November 11, bringing together veterans, their families, and community partners for a landmark tribute.

“Veterans Day LA is an opportunity for all of us to show our gratitude for our nation’s heroes and recommit to ensuring these men and women can thrive when they return home,” Supervisor Hahn said in her remarks.



District Highlights: Fifth District

Altadena Wildfire Recovery Infrastructure Financing District

Supervisor Kathryn Barger established the **Altadena Wildfire Recovery Infrastructure Financing District (District)** to support long-term rebuilding after the Eaton Fire, funding critical infrastructure repairs and community recovery.

Supervisor Barger noted the District “ensures that we have a focused, sustainable way to fund the infrastructure improvements needed to help families, businesses, and neighborhoods rebuild stronger and safer than before.”

Disney Imagineers' vision for Charles White Park



PAX Recovery House Ribbon Cutting Ceremony

Supervisor Barger joined community leaders, providers, and residents to celebrate the official ribbon cutting of **PAX Recovery House in Pasadena**, a new center providing recovery housing, clinical services, and peer support for those facing substance use and behavioral health challenges.

“Today, we’re celebrating hope, second chances, and a community’s commitment to help one another,” Supervisor Barger remarked.



8th Annual Day of Giving

Building Homes & Hope



On November 26, Supervisor Barger brought together volunteers, nonprofit partners, and residents across SD5 for the **8th Annual Day of Giving**. She joined San Gabriel Valley Habitat for Humanity to continue building a local family’s home while volunteer teams served meals in the Antelope Valley, San Gabriel Valley, and Glendale.

Supervisor Barger remarked, “This Thanksgiving, I’m especially grateful for everyone lending a hand. Whether you’re building a home or serving a warm meal, every act of kindness makes a difference.”

All District Highlights: *Holiday Food Support & Harvest Festival*

LA County Regional Food Bank Support

All five Supervisors partnered with the Los Angeles Regional Food Bank to host food distribution events across LA County, supporting thousands of families. Employees **donated nearly 4,100 pounds of non-perishable goods and raised over \$40,000** through the LA County Cares Department Fundraising Challenge, led by the Department of Public Health with more than \$21,000 raised.



LA County Harvest Festival

From November 12 - 25, community members across all five districts celebrated the annual **Harvest Festival**, a multi-day celebration honoring the season's traditions and the cultural roots that shape Los Angeles.

Hosted by the Department of Parks & Recreation, visitors enjoyed festive pumpkin patches, playful hayrides, and hands-on arts and crafts, and community gatherings that highlighted Indigenous cultures and sustainable practices.



QUALITY AND PRODUCTIVITY COMMISSION

38TH ANNUAL PRODUCTIVITY AND QUALITY AWARDS PROGRAM



On October 15, 2025, the Los Angeles County Quality and Productivity Commission, in collaboration with the Board of Supervisors, the Chief Executive Office, and the Executive Office of the Board, hosted the 38th Annual Productivity and Quality Awards and luncheon at the Music Center’s Dorothy Chandler Pavilion.

NBC4 journalist Lolita Lopez served as Master of Ceremonies, welcoming more than 400 guests to the Grand Hall and announcing recipients of the Commission’s Top Ten and Special Awards. She noted that this year’s projects produced over \$147 million in cost savings and benefits to the County.

Supervisors Holly J. Mitchell (SD2) and Janice Hahn (SD4) delivered congratulatory remarks, and Supervisor Kathryn Barger (SD5) shared a recorded message. All recognized County employees’ dedication to providing vital, beneficial, and at times life-saving services to residents.

“Our 2025 theme, *‘Resilient Today, Tomorrow, Together’* acknowledges the ongoing creativity and persistence of the County leadership and workforce in a time of unprecedented challenge and change,” said William B. Parent, Chair Commissioner for the Quality and Productivity Commission. “I congratulate all the winners at this year’s Ceremony – it is through their determination and resilience that we meet our challenge and create a better future.”

This year’s Chair Leadership Award winners are **Anthony C. Marrone, Fire Chief and Forester and Fire Warden (Fire Department)**, and **Dr. Patricia Soltero Sanchez, Productivity Manager of the Year (Department of Health Services – Rancho Los Amigos National Rehabilitation Center)**, who exemplified quality, productivity, innovation, efficiency, accountability, and integrity.

Congratulations to all the winners!

View the videos and PQA Awards program booklet by clicking [here!](#)

2025 Top 10 Award Winners continued on [Page 13](#).

2025 Top 10 Award Winners

- 1 Gold Eagle Award Winner – State-of-the-Art Ballot Processing Center**
Registrar-Recorder/County Clerk with Chief Executive Office, Internal Services Department, Public Works, and Sheriff's Department
- 2 Silver Eagle Award Winner – JCOD Los Angeles Training Center (LACTC)**
Justice, Care and Opportunities with Fire, Human Resources, Internal Services Department, and Public Defender
- 3 Bronze Eagle Award Winner – Safety Matters: Decreasing Staff Assaults**
Health Services (Harbor-UCLA Medical Center – Department of Nursing)
- 4 Vet@ThePark**
Animal Care and Control
- 5 Contract Monitoring and Reporting System (CMRS)**
Children and Family Services
- 6 Reading for Resilience: Library Services for All**
LA County Library with Third Supervisorial District, Fourth Supervisorial District, LA County Office of Education, Probation, and Sheriff's Department
- 7 Community Outreach Court**
Public Defender with Alternate Public Defender, Consumer and Business Affairs (Office of Immigrant Affairs), Justice, Care and Opportunities, Mental Health, Public Health, Registrar-Recorder/County Clerk, Los Angeles County Superior Court, Alcoholism Center for Women, Homeless Health Care Los Angeles, Los Angeles Homeless Services Authority, Mayor's Office of Community Safety, Office of the Los Angeles City Attorney, Partners for Justice, SGG/Project 180, The Skid Row ReFresh Spot, and Social Model Recovery Systems
- 8 Help in Any Language: On-Demand Interpretation**
Public Health
- 9 Protecting and Saving Lives with Safety Locks**
Public Health with Children and Family Services, Health Services, LA County Library, Parks and Recreation, Public Defender, Children's Hospital Los Angeles, Kaiser Permanente Baldwin Park Region, LA Care Health Partners, Pomona Valley Hospital Medical Center, and UCLA Resnick Neuropsychiatry Hospital
- 10 Streetlight Acquisition and LED Conversion Project**
Public Works

Commemorating Our Newest Retirees



THANK YOU for your years of service!

45+ YEARS

HEALTH SERVICES: Rene Itahara

PUBLIC SOCIAL SERVICES: Janice L. Brantley

PUBLIC WORKS: Sally McGaughey

SHERIFF: Mary A. Brown

SUPERIOR COURT: Laura Salman

40+ YEARS

ALTERNATE PUBLIC DEFENDER: Marc S. Lewinstein

ASSESSOR: Eva Mora

CHILDREN & FAMILY SERVICES: Charlene Goff, Delores R. Simpson

PROBATION: Orvette L. Walker

PUBLIC HEALTH: Brenda Booth-West, Paulette G. Davis

PUBLIC SOCIAL SERVICES: Tyler K. Yamakido

PUBLIC WORKS: Nelson P. Manabat

35+ YEARS

ANIMAL CARE & CONTROL: Carmen M. Garrido

ASSESSOR: Matthew Herrera

BEACHES AND HARBORS: Valerie Davis

CHILDREN & FAMILY SERVICES: Teresita G. Lopez, Chinde L. Quines, Edna Torres

COUNTY COUNSEL: Deborah L. Childs

DISTRICT ATTORNEY: Robert A. Cheleden, Richard Sato

FIRE: Brendon A. Nefulda

HEALTH SERVICES: Rogelio M. Batson, Connie Cardoza, Harry Fung, Guadalupe Gutierrez, Mary L. Huwe, Deirdre Mcnair-Pierc, Trude D. Wilson

PROBATION DEPARTMENT: Gustavo M. Garcia, Primous R. Howard Jr.

PUBLIC HEALTH: Luis P. Avitia

PUBLIC SOCIAL SERVICES: Raquel Carlos, Deanna Delgado, Jessica Luu, Tommy H. Q. Nguyen, Annie Padilla, Brigitte V. Patterson, Linda D. Perez, Yan Eng T. Uy, Jay L. Williams

35+ YEARS continued

SHERIFF: Tamar L. Abraham, Mae Dang, Trisha A. Nelson, Stella A. Smith, Rick A. Viduya, Juanita Viramontes

SUPERIOR COURT: Fanny Tran

30+ YEARS

AGRICULTURAL COMMISSIONER / WEIGHTS AND MEASURES: Ardeshir Famili

ANIMAL CARE AND CONTROL: Alonzo Real

CHILD SUPPORT SERVICES: Monica Barragan, Maria Sanchez

CHILDREN & FAMILY SERVICES: Elizabeth Howard, Rhonda Hunter

DISTRICT ATTORNEY: Rosa Holguin

FIRE: Mario Chavez, Jayd A. Swendseid

HEALTH SERVICES: Lucy Erikcson, Rosemary Figueroa, Koleatha Holman, Jesse Jones, Maria Garan-Martin, Susan C. Suarez

HUMAN RESOURCES: Donna P. Lough

LACERA: Steven Hoang

PROBATION: Juan G. Garcia, Rickey J. Gore, Terri Lynn Taylor

PUBLIC DEFENDER: Craig Osaki

PUBLIC HEALTH: Norma Banuelos

PUBLIC SOCIAL SERVICES: Sonia Gonzalez-Aco, Jose Bernal, Stephanie Brown, Adela Duran

SHERIFF: Javier P. Azteca, Hratch Bashmakian, Joseph M. Cabral III, Jenny A. Christiansen, Robert J. Poindexter, Anthony G. Regalado, Patricia A. Rines, Michael A. Rivas, Jason M. Schreiner, Juan F. Solorzano, Sharon J. Williams, Gigi L. Zamaya

SUPERIOR COURT: Bryan D. Borys, Linda M. Rodriguez-CA, Rhio Gillon, Stephanie R. Levy, Ivette Pena, Louise A. Sanford

REGISTER-RECORDER/COUNTY CLERK: Enrique Guzman

Retirees (Continued)



25+ YEARS

AGING AND DISABILITIES: Gloria Aguilar

CHILDREN AND FAMILY SERVICES: Kenneth Ellison

COUNTY COUNSEL: Larita A. Edwards

FIRE: David J. Bilar, Edward B. Brehm, Keith L. Brinkman, Scott M. Riggs

HEALTH SERVICES: Debra A. Bryan, Moises Buenafe, Paul Githongo, Jenny L. Inugay, Armah Johnson, Gilbert Lazar, Michelle I. Martinez, Linda Osuna, Cecilia Quinonez, Mahnaz Rahimiardabi, Sylvia Sanchez, Arlene Santos, Minerva M. Smith, Shandel M. Lewis

INTERNAL SERVICES: Raymond J. Campoy III

MENTAL HEALTH: Lisa Enriquez-Mar, Maria Ponce

PARKS AND RECREATION: Ronald A. Saavedra

PROBATION: Ernest J. Taylor

PUBLIC HEALTH: Cesar Azenon

PUBLIC SOCIAL SERVICES: Hasmik Amirkhanian, Jocelyn A. Artiaga, Martin A. Barboza, Larisa G. Guinto, Mitchell R. Jones, Tracy Kallas, Alma R. Medellin, Nvart Mesropian, Ludmila Metsoyan, Hong Anh T. Nguyen, Ofelia Ortiz, Miriam O. Remo, Rebecca L. Rodriguez, Jose M. Sandoval, Sheila Scott, Lizette A. Tirado, Russell M. Wickramasing, Yolanda S. Wisco

PUBLIC WORKS: Ramil D. De Guzman, Amir S. Ibrahim

SHERIFF: Lydell L. Ball, Tracy L. Peck, Sammie L. Thompson Jr., Chandra D. Von Arx

20+ YEARS

CHILDREN & FAMILY SERVICES: Ngoc M. Trinh

HEALTH SERVICES: John Boyd, Gaudencia Policarpo

MENTAL HEALTH: Perla Cabrera, Nicole P. Starr

PARKS AND RECREATION: Robert L. Brown, David Carrillo

PROBATION DEPARTMENT: Erik A. Gillard

PUBLIC DEFENDER: Joseph H. Kang

PUBLIC HEALTH: Wendy K. Schiffer, Casey D. Silva, Zewditu A. Zuriaw

PUBLIC SOCIAL SERVICES: Inez Finnigan, Ramon Rangel

20+ YEARS continued

REGISTRAR-RECORDER/COUNTY CLERK:

Beverly A. McDaniels

SHERIFF: Susana Lamotte

SUPERIOR COURT: Winnie Lee

15+ YEARS

CHILDREN & FAMILY SERVICES: Judith A. Zissa

DISTRICT ATTORNEY: Michael J. Cabral, Ryan C. Williams

HEALTH SERVICES: Mauricio Henriquez, Reuben A. Okonkwo, Marife P. Sison, Diana Toledo

INTERNAL SERVICES: Vazgen J. Yeromian

MENTAL HEALTH: Julie S. Lee

PARKS AND RECREATION: Jose L. Magana

PUBLIC HEALTH: Irene F. Ong

PUBLIC SOCIAL SERVICES: Agavni Ambartsumyan, Caroline Quintanilla, Roger A. Torres

REGISTER-RECORDER/COUNTY CLERK: Rosetta P. Thai

SUPERIOR COURT: Robyn M. Sheets

10+ YEARS

ALTERNATE PUBLIC DEFENDER: Edgar A. Campbell

COUNTY COUNSEL: Victoria D. Hernandez

HEALTH SERVICES: Tammy A. Acosta, Debra Garcia, Vichuda L. Matthews, Alba Ortiz, Karen A. Richards, Magdalana White

LACERA: Mary Ann Valenzuela

MENTAL HEALTH: Patrick Baba, Laia Vicens Fuste, Amalie J. Hohn, Ana W. McDonald, Raphael Romero

MILITARY & VETERANS AFFAIRS: Stephanie A. Stone

PARKS AND RECREATION: Henry Brouwer

PROBATION: Warren D. McGee Jr.

PUBLIC WORKS: Christina M. Biasio

SHERIFF: Dawn D. Worthy

SUPERIOR COURT: Yvette A. Abelian, Beverly A. Flores, H. Jay Ford III, Jeffrey D. Summers

WORKFORCE WELLBEING PROGRAMS UPDATE

WELLNESS

- Virtual wellness courses had a **10%** increase in views in Quarter 3 of 2025 compared to Quarter 3 of 2024.
- Workforce Wellbeing Programs offered **17 courses**, and attracted **4,504 live participants** in Quarter 3 of 2025. Programming focused on nutrition/food, body/physical health, and mental wellness.

TOP 3 WEBINARS IN QUARTER 3

The Anti-Inflammatory Diet

511 participants

Taking care of YourSELF: Sleep, Exercise, Love, Food

389 participants

Healthy Gut, Healthy Life

374 participants

3RD QUARTER 2025 REPORT



DID YOU KNOW

Wellness means taking care of ourselves emotionally, socially, financially, intellectually, and at work. The monthly Did You Know flyer and [SharePoint website](#) aim to provide employees with an opportunity to explore broader resources and information around pivotal awareness days recognized nationally and by the Board of Supervisors.

Q3 TOPICS INCLUDED

- National Breastfeeding/Chestfeeding Month
- Cold & Flu Awareness
- National Wellness Month
- National Preparedness Month
- National Psoriasis Awareness Month
- Disability Pride Month
- Prostate Cancer Awareness Month
- Ovarian Cancer Awareness Month
- UV Safety Awareness Month

TOTAL GOVDELIVERY BULLETIN OPENS BY MONTH

July	26,628 total opens
Aug	27,628 total opens
Sept	26,334 total opens

3,789 TOTAL CLICKS TO SHAREPOINT WEBSITE!





WELLNESS RESOURCES

for County employees

THE COUNTY HAS SEVERAL EMOTIONAL AND MENTAL HEALTH RESOURCES AVAILABLE TO ALL EMPLOYEES AND THEIR FAMILY MEMBERS.

Counseling

LOS ANGELES COUNTY'S EMPLOYEE ASSISTANCE PROGRAM (EAP)

Free and confidential

County employees and a dependent can attend up to four free virtual sessions every six months. To schedule a confidential counseling session, call (213) 433-7202 or email EAP@hr.lacounty.gov.

LIFE ASSISTANCE PROGRAM

Free, anonymous, and confidential

The Life Assistance Program (LAP), offered by New York Life Behavioral Health, provides 24/7 counseling services and 24/7 crisis intervention free of charge to all County employees and their families regardless of what insurance plan they are enrolled in. Call (800) 344-9752 for more information.

DISASTER DISTRESS HOTLINE

Disaster/tragedy helpline

This helpline, sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA), provides immediate counseling for people affected by any disaster or tragedy. Call (800) 985-5990 to connect with a trained professional.*

NATIONAL SUICIDE PREVENTION LIFELINE

24-hour confidential support

The lifeline provides toll-free, 24/7 confidential support to anyone in suicidal crisis or emotional distress. Call 988 or (800) 273-TALK (8255) to connect with a trained counselor at a crisis center in your area. Support is available in English and Spanish, and via live chat.*

VETERANS CRISIS LINE

Free and confidential

This helpline is a free, confidential resource for veterans. Call (800) 273-8255, press "1"; text 838255; or chat online at www.veteranscrisisline.net to connect with 24/7 support.*

DEPARTMENT OF MENTAL HEALTH'S (DMH) ACCESS CENTER

24/7 services

The ACCESS Center, as part of DMH's Help Line, operates 24/7 as the entry point for mental health services in Los Angeles County. Call (800) 854-7771 or visit <https://dmh.lacounty.gov/our-services/disaster-services/access-hotline/>.

*Phone/text fees apply unless otherwise noted.

Resources

WELLBEING4LA

Anytime video sessions

The DMH + UCLA Public Partnership for Wellbeing offers videos focused on strategies to support and sustain your wellbeing while you work. Topics include: Strategies for Maintaining Wellbeing, Mindful Self-Compassion, and more. <https://learn.wellbeing4la.org/topic?k=supportyou>.



iPrevail

Customized support

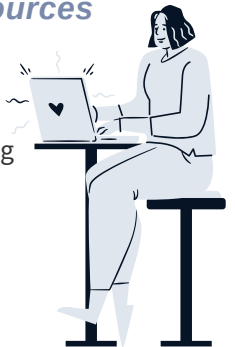
DMH, in partnership with iPrevail, offers LA community members free access to a customized support program through self-guided lessons, one-on-one chats, and support groups. Visit <https://lacounty.iprevail.com> for more.

KP.ORG/SELFCARENOW

Recorded resources

Contains written and recorded resources for managing stress, sleeping better, nurturing healthy relationships, and practicing self-compassion.

Kaiser members may also access the Calm app for meditation and sleep resources at kp.org/selfcareapps or at the Apple or Google App stores.



COUNTY HEALTH INSURANCE PLANS

[Kaiser-Permanente](https://www.kaiserpermanente.org) members can access mental health and wellness services at (800) 900-3277. For Cigna, United Healthcare, and Anthem Blue Cross, call the number on your insurance card.

Community Outreach & Support



Got kittens?

They most likely should not be brought to LA County Animal Care Centers!

WHY?

Kittens have the **best chance at survival when raised by mom**. Additionally, our care centers take in thousands of kittens from the community every year. This is far more kittens than we have capacity to care for and we need to focus our limited resources on the kittens who really need us.

STOP & ASSESS

What type of kittens did you find?

Healthy kittens:

Mom is taking good care of them. Help them thrive **right where they are** by monitoring and providing food, shelter, water and spay or neuter surgery when they are 8 weeks old.



LOOK FOR:

- ✓ full bellies
- ✓ bright, alert eyes
- ✓ active kittens
- ✓ clean fur
- ✓ mom nearby

Ill or injured kittens:

Bring these kittens to an animal care center or seek care at a local veterinary clinic.



LOOK FOR:

- ✓ goopy eyes
- ✓ visibly underweight
- ✓ dirty fur
- ✓ open wounds
- ✓ broken limbs

Orphaned* kittens under 8 weeks old:

These kittens will likely need a foster caregiver. That could be you!



NEWBORN

- ✓ eyes closed
- ✓ ears folded
- ✓ rely on mom for everything



4 WEEKS

- ✓ sturdy on feet
- ✓ playful
- ✓ Learning how to eat on their own

Kittens over 8 weeks old are ready for spay or neuter surgery!

8 WEEKS

- ✓ adventurous
- ✓ eating on their own
- ✓ Weigh at least 2lbs



***Do not assume kittens are orphaned if mom is not around;** she is likely just hiding from you! If mom doesn't come back for her kittens within a few hours or you know something has happened to the mom, then intervention is appropriate.

Community Outreach & Support



LA County's annual **March of Dimes Campaign** supports research, education, and advocacy for healthy pregnancies and babies. County employees continue to lead the way in public sector contributions.

You can join the effort by signing up for next year's annual **walk**, participating in **Blue Jeans for Babies**, or taking advantage of **discounted events that benefit the cause!**

Every dollar makes a difference!

Learn more [HERE](#).

Click [HERE](#) for the CGC site to learn more and get involved!



From **July 1 to December 31**, County employees participated in the **Charitable Giving Campaign (CGG)!**

Employees donated through payroll deductions, one-time gifts, and by participating in fun fundraising events - all benefiting local nonprofits!

Employee Discounts and Fundraisers

For more details on employee discounted tickets and fundraisers, visit mylacounty.gov and click on Employee Discounts and Fundraisers or contact DHR's Workplace Programs at workplaceprograms@hr.lacounty.gov.

Community Outreach & Support

11th Semiannual Girls' Fire Camp



The County of Los Angeles Fire Department (LACoFD), in partnership with the LA County Women's Fire League, welcomed more than 100 participants to the **11th Semiannual Girls' Fire Camp** on June 7.

Held twice a year at the Cecil R. Gehr Training Center in East LA, the **free camp gives youth ages 9–17 the opportunity to learn directly from professional firefighters, lifeguards, dispatchers, and administrative staff.**

This year, SD3 joined LACoFD Chief Deputy Theresa Barrera and Deputy Fire Chief Dennis Breshears in encouraging campers and celebrating the start of the event.

Throughout the day, participants explored firefighting skills and techniques, worked with equipment and tools, and gained hands-on experience, while also discovering the wide range of career and volunteer opportunities available at LACoFD.

LA County Library: Books for Jails

In partnership with the Sheriff's Department, the LA County Libraries are making it possible for individuals to **donate** their **favorite reading materials to support inmates' literacy and educational goals**, as well as their overall mental health and emotional wellness.

Bring lightly used books to your local LA County Library location and let staff know you are donating books for the **Books for Jails** program.



For more information and donation guidelines, click [here!](#)

Something To Remember



Following a powerful debut with [Edward Yen](#), Executive Officer, Board of Supervisors, the *Live From LA County* continues its streak of inspiring episodes. **Don't miss Episodes 2-16**, where Rodney Collins, Chief Deputy Director, DHR, sits down with Department Heads:

- [Judge Songhai Armstead \(Ret.\)](#), Justice, Care, and Opportunities
- [Kristin Sakoda](#), Arts and Culture
- [Dr. Jackie Contreras](#), Public Social Services
- [Norma E. Garcia-Gonzalez](#), Parks and Recreation
- [Kurt E. Floren](#), Agricultural Commissioner/Weights & Measures
- [Dr. Lisa H. Wong](#), Mental Health
- [Mark Pestrella](#), Public Works
- [Ricardo D. Garcia](#), Public Defender
- [Jim Zenner](#), Military and Veterans Affairs
- [Amy Bodek](#), Regional Planning
- [Michael Owh](#), Internal Services
- [Dr. Odey C. Ukpo](#), Chief Medical Examiner
- [Dr. Christina Ghaly](#), Health Services
- [Lisa M. Garrett](#), Human Resources
- [Sarah Mahin](#), Homeless Services and Housing

Each guest shares their personal journey and their vision for the future of their department - offering insight, inspiration, and a deeper look into the work shaping LA County.

New episodes drop every first and third Monday of the month. Be sure to **follow, subscribe, and turn on notifications** across all platforms to stay connected and inspired by the voices shaping LA County's future. Tune in now on [Spotify](#), [Apple Podcasts](#), & [Youtube](#).

Don't Forget to Follow LA County HR!

LA County is harnessing the power of social media to connect with the best candidates and help spread the word about job openings, career opportunities, County events, and more!

For the inside scoop on County and department updates, follow the **Department of Human Resources** and stay in the know!

