



Women’s History Month

Celebrating the County’s New Female Department Heads

Christina Ghaly, M.D.
Department of Health Services
On September 25, 2018, Dr. Ghaly was appointed by the Board of Supervisors as the Director of the Department of Health Services (DHS) after having served in the role as Acting Director since October 2017. In this capacity, Dr. Ghaly has had responsibility for overseeing the operations of the County’s four public hospitals and 23 outpatient clinics. She leads strategic, operational, and clinical/financial initiatives critical to DHS’ financial health and continued transformation in an era of health reform.



Dr. Ghaly previously served as Chief Operations Officer for DHS from 2016 until her permanent appointment as Director. Her previous roles within DHS also include serving as the Deputy Director for Strategy and Operations and as the Interim Chief Executive Officer at Olive View–UCLA Medical Center and LAC+USC Medical Center.

In 2015, Dr. Ghaly served in a temporary role as the Director of Health Care Integration for the County of Los Angeles Chief Executive Office. This position was developed to lead an assessment regarding the potential creation of a health care agency, integrating the Departments of Health Services, Mental Health (DMH), and Public Health (DPH). The Los Angeles County Health Agency was formally created in November 2015.

Dr. Ghaly attended Harvard Medical School and completed a residency in internal medicine at the University of California, San Francisco. Dr. Ghaly currently sees patients in the urgent care and on the inpatient medicine service at LAC+USC Medical Center and Olive View–UCLA Medical Center, respectively.

Antonia Jiménez
Department of Public Social Services
Appointed by the Board of Supervisors in September 2018 as Director of the Department of Public Social Services (DPSS), Antonia Jiménez now leads the largest social service agency in the nation.

Jiménez oversees the Department’s annual budget of \$4 billion, which provides programs and services to 3.5 million low-income County residents. She also manages the Department’s 14,000-plus workforce and the implementation of all federal, state and County policies and high-profile initiatives.

WOMENS’ HISTORY MONTH
continued on page 3

Calendar of Events.....2
Hidden Costs Beneath Picturesque Vacation Deals.....3
Foster a Furry Friend.....4

HIGHLIGHTS

Volume 51 Issue 3

March of Dimes/Share Your Heart, Share Your Home...5
Retirees.....6
County Library Offers Free Positive Parenting Tips..7

Calendar of Events

Center Theatre Group

(213) 628-2772

www.centertheatregroup.org

Ahmanson Theatre

April 16 through May 19 – Falsettos

Kirk Douglas Theatre

Through April 28 – Block Party 2019

Mark Taper Forum

Through April 21 – Lackawanna Blues

Grand Park

(213) 972-8080

www.grandparkla.org

Every Tuesday through Thursday (March through May) – Lunch a la Park Food Trucks

Every Wednesday and Friday (March through May) – Lunch a la Park Yoga reTREAT

Every Thursday (April through May) – Lunch a la Park Spring Concerts featuring L.A.'s Youth Artists

The Music Center

(213) 972-7211

www.musiccenter.org

Walt Disney Concert Hall

April 9 – All-Stravinsky

April 10 – Philharmonia Baroque Orchestra & Chorale

April 12 through April 14 – Salonen's Stravinsky

April 14 – USC Thornton Wind Ensemble, Choral Artists, and Symphony

April 18 through April 20 – Salonen's Stravinsky

April 20 – Ravel's Bolero

Earth Day L.A.

Thursday, April 11, 2019

9 a.m. to 2 p.m.

Grand Park

Grand Park joins The Music Center and the Los Angeles Department of Water & Power to celebrate Earth Day and offer Downtown L.A.'s residents, workers, and visitors ideas and solutions on how to live clean and go green. The annual event features performances, children's recycle art project, e-waste collection, drought tolerant plant tours, plant giveaways, and demonstrations of the latest in green technology, which are all free to the public (and to a select number of school groups).

Visit <http://hr.lacounty.gov> for information on employment opportunities with the County of Los Angeles



Members of the Board

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Fourth District

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First District

Mark Ridley-Thomas

Second District

Sheila Kuehl

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D | H | R

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Submissions to the DIGEST may be edited or otherwise altered for clarity.

Check out the DIGEST at:

<http://hr.lacounty.gov/about-the-county/>

Hidden Costs Could Lurk Beneath Picturesque Vacation Deals

LA County District Attorney's Office

Don't let hidden costs and restrictions turn a dream vacation into a disappointment.

In the vacation discount scam, underhanded travel businesses offer discounts for airfare, resorts, cruises and other vacation packages, but the deals often include hidden costs or require extra fees to enjoy the full package of benefits.

Many times the buyer is forced to sit through high-pressure sales presentations that can last for hours. The quality of the accommodations also can be less than advertised.

Some companies even claim to offer free vacation packages that actually have undisclosed costs and restrictions, such as processing fees, peak-season travel charges and departure and arrival taxes.

Here are some tips to help you avoid this scam:

- Research vacation companies offering deals with the Better Business Bureau and other sources.
- Get everything in writing before providing payment. Read the fine print for hidden costs, restrictions and requirements. Be sure you know the cancellation policy.
- Pay with a credit card and put down only a deposit, if possible. Never pay in full for a vacation package with a wire transfer or prepaid debit card.

For a printable version of this fraud alert, click [here](#).

Learn more about how to avoid vacation discount scams in [this video](#).

Check out the LADA's [fraud alerts page](#) and follow @LADAOoffice on [Twitter](#) and [Instagram](#) using #FraudFriday to stay up to date on the latest scams.



WOMEN'S HISTORY MONTH *continued from page 1*

Jiménez' focus as Director has been on leveraging technology to improve the customer experience, reduce food insecurity in the County, and enhance access to DPSS services. As part of her overall strategy, she has implemented projects to reduce customer waiting time and streamline processing in DPSS offices, increase telephone assistance available through the DPSS Customer Service Centers, and promote online applications through the Your Benefits Now (YBN) website. She has also collaborated with DPSS staff to create a new organizational purpose and establish quality service standards to consistently deliver exceptional service.

Jiménez has over 30 years of experience as a seasoned government and private sector executive, much of it overseeing high-profile human services programs. She joined DPSS in 2015 as Chief Deputy, immediately championing the Department's Model Office Project to streamline and improve the customer service experience in all DPSS public service offices.

In 2010, Jiménez joined Los Angeles County as Deputy Chief Executive Officer for the Children and Families Well-Being Cluster, where she led numerous task forces, reform efforts, and strategic initiatives. Her other previous government experience includes serving the Commonwealth of Massachusetts for 16 years and the private sector as Senior Manager for Deloitte Consulting, heading projects for the Pennsylvania Department of Public Welfare, New York City Strategic Initiative, and Solano County's Health and Human Services Department.

Jiménez earned a Bachelor of Science degree from Emmanuel College, and completed senior manager and executive programs at Harvard University's Kennedy School of Government and Massachusetts Institute of Technology's Sloan School of Management.

Celia Zavala Executive Office of the Board of Supervisors

Celia Zavala was appointed to the position of Executive Officer, Board of Supervisors, on September 25, 2018, with over 27 years of experience in the areas of administration and finance. Zavala is responsible for directing the overall operations of the Department, such as preparing and reviewing the Board's weekly agenda; recording and maintaining official County records; facilitating public access to agendas, documents and other records relevant to the business of the Board; developing and administering the Executive Office budget; directing and reviewing the work

Foster A Furry Friend!



Apply to learn how to become a Foster Caretaker Today!

Can you provide a temporary home to kittens 4-8 weeks old? Are you an experienced bottle feeder? (ages 0-4 weeks) **Let us know!**

Fostering is a wonderful experience! You can feel good knowing you helped save an animal's life. Fostering is great for those who are unable to have an animal long term.

Foster animals provide companionship and purpose.

To apply and for more information visit:

<http://animalcare.lacounty.gov/become-a-foster-parent/>



LOS ANGELES COUNTY
**ANIMAL CARE
& CONTROL**

redefining
CARE

WOMENS' HISTORY MONTH

continued from page 3

of the Executive Office staff; establishing strategic goals, policies and procedures; and providing services and administrative support to the Board, other County departments, and the public.

During her tenure as Acting Executive Officer, Zavala was responsible for implementing the Department's newly designed County Equity Oversight Panel website, establishing a new high definition live stream service for Board Meetings, spearheading a comprehensive study of the Arts Commission, recruiting a dynamic visionary Executive Director for the Department's Quality and Productivity Commission, and creating concise agenda entry titles to enhance constituents' Board Meeting engagement.

Before this appointment, serving as Chief Deputy for the Executive Office, Zavala was responsible for directing the Department's annual budget (\$177M) and overseeing the management of all operational areas.

Prior to her 11-year tenure with the Executive Office of the Board of Supervisors, in her role as Head, Budget & Reporting for Health Services Administration, she was responsible for directing the development of a \$321M budget, and for generating the Administration Cost Report for Medi-Cal and Medicare reimbursement. She formerly worked at Martin Luther King/Drew Medical Center and Harbor-UCLA Medical Center in the areas of budget and appropriation analysis, forecasting, expense monitoring, and contract oversight.

Zavala received her Bachelor of Science degree in Business Administration with a concentration in accounting from California State University, Dominguez Hills, and currently serves as a Board Member for the Ford Theatre Foundation.

**Join the County of L.A. –
March for Babies**

Saturday, April 27, 2019

6:30 am Registration

8:30 am Start

Grand Park

<https://www.countyofla-mfb.com/>

**Share Your Heart
Share Your Home**

*Become a Foster/Adoptive Parent
Dept. of Children and Family Services*

Did you know March is National Social Work Appreciation Month? Social workers spend long hours to ensure child safety and to try to find permanent adoptive families for children. This is a great time to tell a social worker "Good job," and "Thank you!"



Photo: Ira Mintz

For kids like 14-year-old Demetrius, saying thank you comes easy. Demetrius knows there is an entire team working to find an adoptive family that is just right. Demetrius is probably one of the most appreciative youth you will ever meet, and Demetrius' social workers know how much a family would mean. A family would mean Demetrius would finally have the unconditional love and support every child needs and deserves.

Demetrius presents as a calm yet cheerful person who can carry a conversation well. It is probably safe to say that Demetrius is an extrovert. Demetrius is also an intelligent and highly artistic person. Demetrius loves Anime art. Demetrius can rap and enjoys writing raps, as well. Demetrius is also a sporty person and loves playing sports for school or for fun. Demetrius used to play tennis but is currently on a volleyball team and is loving it.

Demetrius is open to being adventurous with new ideas and things; going with the flow comes naturally. Demetrius shows care and compassion for others. If Demetrius sees a person in need, Demetrius will always find a way to help them. You can say it is in Demetrius' nature.

Demetrius envisions being with a family who will accept Demetrius 100 percent. Demetrius identifies as pansexual; therefore, Demetrius needs a family who is receptive, open-minded, and accepting. He needs a family who can value and support Demetrius's sporty and artistic endeavors. Call (888) 811-1121 to learn more about adopting Demetrius today.

Retirees

*Congratulations for your many years of
service to the County of Los Angeles*

50+ Years

HEALTH SERVICES: Paul Fu
PUBLIC DEFENDER: Karen L. Thompson

45+ Years

HEALTH SERVICES: Felipe J. Chavez, Loren Miyamoto
PUBLIC SOCIAL SERVICES: Charles Mc Donald
SUPERIOR COURT: Emilia M. Pimentel, Sandra K. Ramey

40+ Years

ALTERNATE PUBLIC DEFENDER: Janice Y Fukai
CHILD SUPPORT SERVICES: Judith Meraz, Elizabeth Tyler
COUNTY COUNSEL: Patrick A. Wu
DISTRICT ATTORNEY: Terry Arellano
FIRE: Hilda J. McElwee
HEALTH SERVICES: Rosa M. Aguirre, Kuriakose Chazhikatt, Mary H. Gallegos, Michael Hall, Bruce Kurtz
MENTAL HEALTH: Venita D. Mims, Salvador Moreno
PROBATION: Mignon A. Cato
PUBLIC LIBRARY: Robert J. Johnston
PUBLIC WORKS: Albert A. Morales
SHERIFF: Stephen B. Johnson, Martha O. Kennison, Glenda L. Lopez, William G. Nash, II
SUPERIOR COURT: Paula Barreras, Sandra R. Lopez, Roselee D. Tillet-Jones, Karen M. White
TREASURER AND TAX COLLECTOR: Diana Miles-Browning

35+ Years

AGRICULTURAL COMMISSIONER/WEIGHTS & MEASURES: Greg D. Creekmur
ASSESSOR: Juliet Abdel-Shield, Everil L. Nelson, Sun S. Smith, Charise L. Watkins, Anthony T. Yamamoto
AUDITOR-CONTROLLER: John Naimo, Jennifer Yip
CHILDREN & FAMILY SERVICES: Thea D. Cox, Pearl W. Ferguson, Peggy M. Heidelberg-Dunson, Monica J. Maurer, Mary T. Montoya, Dorothy J. Witherspoon
CHILD SUPPORT SERVICES: Michael E. Bee
DISTRICT ATTORNEY: Joann Krslovic, Eloise G. Phillips, Norbert Ruiz, Ronald E. Valdivia
FIRE: Cesar M. Cano, Thomas A. Duda, William Jones, Gerald R. Meehan, Gilbert H. Sanchez, John C. Tuck
HEALTH SERVICES: Marcela De Graaff, Ellen M. Gail, Ernest Grant, III, Mark D. Hinojosa, Alice M. Manning, Beverly Manning, Delores McMillan, Arthur T. Musashi,

Rosland D. Nelson-Pinks, Ruth Oren, Elmer Pakingan, Diane M. Phelps, Sharon E. Taylor, Lyra V. Tompkin, Loc M. Tran
HUMAN RESOURCES: Mark C. Harper, Crystal Lewis, Milena E. Rada, Shelli A. Weekes

INTERNAL SERVICES: William Kiriyama, Elaine V. Rodriguez, Yuling C. Wong, Ramon Ybarra

PROBATION: Elizabeth Garcia, Hugo Rivas, Mario N. Sanchez

PUBLIC DEFENDER: Elizabeth A. Wexler

PUBLIC SOCIAL SERVICES: Sylvia Garcia

SHERIFF: Terry E. Falke, Lee R. Johnson, Jr., Phillip R. Martinez, Edmund J. Ting

SUPERIOR COURT: John M. Campa, Elsa Price, Michael A. Tafoya, Melody A. Williams

30+ Years

ASSESSOR: Rose M. Lewis

CHILDREN & FAMILY SERVICES: Luis H. Arevalo, Detris M. Bush, Pamela E. Carolina, Rosa B. Nafariyeh, Elizabeth Penalver-Vas

CHILD SUPPORT SERVICES: San Yee C. Choi

DISTRICT ATTORNEY: Fernando Guzman, Kathleen J. Tuttle

FIRE: Michael D. Arruda, Clayton A. Brown, Michael D. Dingillo, Jim V. Enriquez, Charles B. Galvan, Russell M. Koshimizu, Edward F. Martinez, Catarino S. Osegueda, Roland D. Owens, Mark M. Rotondo, Paul M. Rusin, Russell S. Weber

HEALTH SERVICES: Elizabeth K. Bassirian, Sheila Booth, Marva Burgess, Alma Carlos-Monto, Vorya Chanim, Julie A. Foley, Cynthia A. Hallie, Terri A. Johnson, Vasanti Patel, Sahataya Saiyasombat, Patricia Strayer, Mai L. Tran, Valerie C. Wiggan, Saundra Wooten

INTERNAL SERVICES: Robert F. Aragon, Anne M. Bartolotti

LACERA: Robert R. Hill, Mary J. Phillips

MENTAL HEALTH: Gloria P. De Guzman

MUSEUM OF NATURAL HISTORY: Juan M. Ibanez

PROBATION: Rick G. Aguilar, Michael D. Arnold, Timothy L. Brodhead, David A. Bryant, Rene J. Justin, Dennis E. Sherow, Arthur F. Sosa

PUBLIC DEFENDER: Cheryl L. Jones, Karen J. Kolling

PUBLIC SOCIAL SERVICES: Mariane O. Chan, Marco A. Maldonado, Theresia Mc Callum, Varduhy Odadjian, Helen Tran

SHERIFF: Tony D. Alesi, John K. Almeida, Arthur J. Bencomo, Robert J. Benning, Kyle E. Bistline, Richard E. Boykin, Jr., Joseph R. Byrd, Nicholas A. Cabrera, Gregory A. Carr, Paula L. Chafey-Merri, Dennis A. Clark, Jr., Michael J. Clinkunbroom, Lonnie E. Deck, Jr., Thomas A. Drake, James R. Duran, Douglas W. Duvall, Edward G. Everett, Herman G. Floyd, Kelley S. Fraser, Scott R. Gibson, Richard E. Godfrey, William A. Harrington, Kenneth L. Harte, Jr.,

Clinton E. Huffman, Eric Kirks, Jacques A. Laberge, David Ladjevic, Richard A. Lantz, Keith A. Le Brun, Anita A. Limbrick, William B. Lockridge, Tom L. Logrecco, Christine D. Mackenzie, Mark W. Martinovich, Craig S. Mc Clelland, Lloyd M. McCullough, James A. Millage, Frank C. Monroe, Daniel N. Morgan, Steven J. Moses, James C. Murren, Richard A. Nichol, Eric G. Parra, Kenneth B. Perry, Michael J. Provost, Christine D. Roam, Craig S. Roberts, Karl R. Schow, Arthur C. Scott, Jr., Joanne Sharp, Debra A. Shelton-Love, Jonas J. Shipe, Richard C. Strawn, Vicki L. Stuckey, William Suarez Villamil, Steve T. Suzuki, Bradley C. Thompson, Ramon Ulloa, II, Stephanie L. Washington, Dennis M. Watters, Sylvester Weatherspoon, Tui O. Wright, Yiling Yao-McCraven, Wade E. Young, Christian M. Zuniga
SUPERIOR COURT: Ricardo Asuncion, Lynne Collet Cooper

25+ Years

ALTERNATE PUBLIC DEFENDER: Robert F. Cortes
ASSESSOR: Theodoros Anadolis, Cenon L. Bernabe, Manolito M. Cua, Robert Y. Lipsun, Elisa B. Marcelino, Garo S. Megerdichian, Dennis S. Williams
CHILDREN & FAMILY SERVICES: Ana C. Abajian, Pablo L. Sapien, Jr., Adrienne M. Zackery
FIRE: Jonathan E. Andicochea, Daniel W. Berkowitz, Timothy E. Bushrow, David A. Esparza, Kevin B. Furlong, John W. Johnson, James D. Maxfield, Cary J. Sugimoto, Eugene S. Tachiyama, Jerry A. Tarango, Scott J. Tracy, Michael K. Uyehara
HEALTH SERVICES: Virginia Anders-Ellmore, Helene N. Chin, Marcia E. Cornford, Gilbert Flores, Tomasita M. Garsin, Ethlyn O. Heustis, Cora Martinez, Andrea Nunez, Gil B. Pagado, Elsa L. Perez, Evelyn Pitpitan, Methylene Yurong
INTERNAL SERVICES: Nancy L. Kwan Poon, Minh Q. Tran, Rick A. Yates
MENTAL HEALTH: Nancy Brewster-Friedman
PROBATION: Vera E. Hoskin, Gilbert M. Yturriaga
PUBLIC DEFENDER: Yvonne M. Bell
PUBLIC SOCIAL SERVICES: Barbara J. Brown, Calvin Bui, Leonardo C. Francisco, Janet Liang, Jose A. Ruvalcaba
REGIONAL PLANNING: Mark P. Child
SHERIFF: Nadia M. Atia, Yvette D. Christopher, Allen R. Dollens, Albert J. Garcia, John F. Glynn, Pedro Echeverria Herreria, Brad L. Johnson, Roosevelt Johnson, Lisa W. Lam, Andrew T. Lynch, Charles D. McClure, David C. Nippert, Ronnie R. Powell, John J. Rios, Shawn Ruda, James A. Taylor, Robert L. Wagner, Jr., Mark S. Wilkins, Doyle S. Winslow
SUPERIOR COURT: Patricia L. Conaty, Craig K. Kakihara, Larry Miramontes, Esperanza P. Van Beek, Henrietta Williamson

LA County Library Offers Free Positive Parenting Tips

Learning starts at home, and LA County Library is excited to offer free positive parenting tips, powered by ReadyRosie, a digital program that emphasizes early educational development, promotes kindergarten readiness, and helps parents turn daily activities into learning opportunities.

Parents and caregivers can register to receive weekly activity ideas curated to help parents connect with their children, while simultaneously helping kids get ready for school and formal learning. Language learning activities help encourage early verbal and literacy skills, while math content help teach youngsters how to count. In addition to the weekly tips, parents can access a whole database of parenting resources via the ReadyRosie app with an LA County Library account.

“Home is the first place where children develop literacy skills which are essential for their success in school,” said LA County Library Director Skye Patrick. “This new service helps to bridge the gap between home learning and school learning, and give parents a simple, accessible resource that connects them to their child’s learning.”

The first five years are important for the development of a child’s brain. All of the parenting video content offered through ReadyRosie is research-based and standards-aligned, ensuring that the activities featured are mentally stimulating, while positively impacting not just school readiness, but also kids’ social and emotional awareness.

To learn more about or to sign up for parenting tips, visit LACountyLibrary.org/parents-tips.





COUNTYWIDE FITNESS CHALLENGE 2019



JOIN US FOR THESE FUN FAMILY EVENTS!

WALK IT OFF!

5K fitness walk/run, pedal boats, bicycles/kayaks, and health screenings.

Saturday, April 13, 2019

8:00 a.m. – Noon

Whittier Narrows Recreation Area

750 South Santa Anita Avenue
South El Monte, CA 91733

TAKE A HIKE!

Join us for silent disco party walks, hikes, and exercise sessions.

Saturday, May 18, 2019

8:00 a.m. – Noon

Kenneth Hahn State Recreation Area

Janice's Green Valley
4100 South La Cienega Boulevard
Los Angeles, CA 90056

MAKE A SPLASH!

A day of water fun with kayaking, paddleboards, hiking, and volleyball.

Saturday, June 15, 2019

8:00 a.m. – Noon

Castaic Lake State Recreation Area

Paradise Cove, Lower Lake
32132 Castaic Lake Drive
Castaic, CA 91384

STOP & SMELL THE FLOWERS!

Farmers' market, silent disco party walks, and softball tournament.

Saturday, July 20, 2019

8:00 a.m. – Noon

Torrance Certified Farmers' Market

2200 Crenshaw Boulevard
Torrance, CA 90501



CHILL OUT!

Boogie boarding, beach fitness, power walks, and yoga.

Saturday, August 24, 2019

8:00 a.m. – Noon

Dockweiler Beach Youth Center

12505 Vista del Mar
Playa del Rey, CA 90293

ROCK N' STROLL!

Dancemania, fitness hike, silent disco party walks, and chair massage.

Saturday, September 21, 2019

8:00 a.m. – Noon

Griffith Park

Crystal Springs Picnic Area
4730 Crystal Springs Drive
Los Angeles, CA 90027

BE ONE WITH NATURE!

Inflatable obstacle course, softball playoff, exercise sessions, and fitness/nature walks.

Saturday, October 19, 2019

8:00 a.m. – Noon

Alondra Community Regional Park

3353 Redondo Beach Boulevard
Lawndale, CA 90260
(enter at Yukon Ave.)

PLAY FOR LIFE!

A day of family fun featuring the "triath-a-fun!"—fitness walks, 5K fun run bicycle fun rides, and pedal boat rally.

Saturday, November 2, 2019

8:00 a.m. – Noon

Santa Fe Dam Recreation Area

15501 Arrow Highway
Irwindale, CA 91706

RSVP to secure your giveaways at:
www.LACountyGetsFit.com

