

COMMERCIAL DRIVER'S MEDICAL EVALUATION

Name: _____

Last 4 SSN: _____ DOB: _____ Date: _____

Contractor: _____

COMMENTS: If this is the only medical exam performed, data may be recorded on the DMV MCSA-5875 instead of the Employee Examination Data form. However, be sure to record any pertinent negative physical findings in the open box at the bottom of page 3. **If Hx is negative, ask about any healthcare visits or Rx use (including OTC) in the last 6 months.** If labs or CST done, hold the MCSA-5875 & MCSA-5876 until results or cardiology read is back. If employee does not return for reflex CST within 2-3 days, restrict from driving.

Is employee a current or prospective private patient of yours?

No Yes ► Triage to OHP Review (but with 2-Yr certification)

PACKAGE: COMMERCIAL DRIVER'S LICENSE MEDICAL

D

- _____ Height/Weight (if overweight, see BMI table on second page for Triage instructions)
- _____ Blood pressure, pulse, & rhythm
- _____ Forced whisper test at 5 feet in each ear
- _____ Dipstick urinalysis for glucose, protein, blood, & specific gravity
- _____ Far acuity (Titmus): Uncorrected & corrected OU, OS, OD
- _____ Color vision with Titmus signal lights slide – record on Titmus Results Form with Signal Lights
- _____ Peripheral vision (Titmus)
- _____ History: Review of DMV MCSA-5875 and Commercial Drivers Supplemental Questionnaire. If Hx is negative, ask if any health care visits or Rx use (including OTC) in last 6 months.
- _____ Physical: "Complete" examination per OHP Periodic Clinical Practice Guidelines

REFLEXIVE TESTING:

Clinical Findings:	Testing Required (check if performed):	
Cardiac arrhythmia on exam	► _____ ECG ► If PVC's (>1), then _____ CST	A23 A09
BP, lowest read today 140-159/90-99	► _____ ECG	A23
Dipstick (+) for glucose	► _____ Hemoglobin A1c	A29
Dipstick (+) for blood/protein unless menses	► _____ Urinalysis, Complete	A63
Far Acuity: either eye >20/40 best	► _____ ETDRS wall chart	A68
Whisper distance <5 ft in better ear	► _____ Audiometry	A02

Internal Medicine Concerns:

Testing Required:

Alcohol Abuse: DUI, "wet-reckless," hangovers, eye-openers, or binge drinking (≥6 drinks) in last 5 yrs	► _____ Blood Chemistry Panel ► _____ CBC with differential ► _____ HDL	A03 A04 A27
Diabetes	► _____ Hemoglobin A1c	A29
Obesity, severe with BMI ≥ 40	► _____ Ask about any Sx of sleep apnea, _____ Hemoglobin A1c	A29
Thyroid: Rx or disease in the last 2 yrs, or goiter on exam today	► _____ TSH	A62

(see second page for **Medication Concerns & BMI Table**)

**RX use in last 6 months,
but not in last month:**

Testing Required:

Amitriptyline (Elavil, Endep, Vanatrip)	▶	_____ Amitriptyline (urine)	A74
Benzodiazepine	▶	_____ Benzodiazepine (urine)	A19
Butalbital (Fioricet)	▶	_____ Butalbital (urine)	A91
Carisoprodol (Soma),	▶	_____ Carisoprodol (urine)	A92
Cyclobenzaprine (Flexeril),	▶	_____ Cyclobenzaprine (urine)	A93
Hydrocodone (Vicodin)	▶	_____ Hydrocodone (urine)	A87
Methadone	▶	_____ Methadone (urine)	A99
Oxycodone (Percocet)	▶	_____ Oxycodone (urine)	A89
Tramadol (Ultram)	▶	_____ Tramadol (urine)	A90

BMI Table:

Height	63	64	65	66	67	68	69	70	71	72	73	74	75	76
BMI 40	225	232	240	247	255	262	270	278	286	294	303	311	319	328