

PRE-PLACEMENT PROTOCOL SHEET

Name: _____
 Last 4 SSN: _____ DOB: _____ Date: _____
 Contractor: _____

ITEM NUMBER: 9308L2
 CLASS TITLE: Reserve Deputy, Level II
 COMMENTS: Go to Academy.

PACKAGE: SAFETY (record results on Safety Pre-Placement Exam Data form) S

- _____ Height/Weight: if Wt > Max (see Body Composition Standards), see below
- _____ Dipstick urinalysis for glucose, bilirubin, protein, and blood
- _____ Drug test (County 8-drug panel) after completion of Drug Test Notification Form
- _____ Blood pressure, pulse rate
- _____ Far acuity: Uncorrected OD, OS, OU (Titmus)- do monocular testing first
 - ▶ If either eye >20/30, repeat uncorrected with ETDRS chart
 - ▶ If either eye >20/30 by ETDRS, repeat ETDRS with correction
- _____ Near vision: Best OU (Titmus): ▶ if target #4 (20/50) or worse, see below
- _____ EKG
- _____ Spirometry
- _____ Audiometry: ▶ If any threshold >25 dB (except 6 or 8 kHz), do manual repeat
- _____ Review of Safety Pre-Placement Questionnaire: If uncorrected vision >20/70, get contact lens hx. If hx of refractive surgery, take supplemental hx.
- _____ Physical Exam: Safety

REQUIRED TESTING:

- _____ HRR color plate test (County version) – If any errors, see Reflexive Testing A61

REFLEXIVE TESTING:

Clinical Findings:	Testing Required:	
Dipstick (+) for bilirubin	▶ _____ Blood Chemistry Panel	A03
	▶ _____ CBC with differential	A04
Dipstick (+) for blood/protein unless menstruating	▶ _____ Urinalysis, Complete	A63
Dipstick (+) for glucose	▶ _____ Hemoglobin A1c	A29
EKG: >1 PVC	▶ _____ CST (Bruce)*	A09
EKG: short PR interval (<120 ms)	▶ _____ CST (Bruce)*	A09
Hand deformity or weakness	▶ _____ Jamar X 3, each hand	A34
HRR color plate error(s)	▶ _____ POST Color Naming Test	A21
Obstructive pattern with FEV1/FVC < LLN and FEV1 <100% predicted with no use of Albuterol today	▶ _____ Treadmill Run (no leads)*	A94
	▶ _____ If Albuterol use in last 2 years, draw serum level just before run	A01
Restrictive pattern with FVC < LLN and chest wall expansion >1.5"	▶ _____ Chest x-ray, PA	A11
	▶ _____ Treadmill Run (no leads)*	A94
Tachycardia, sinus on ECG & physical exam	▶ _____ TSH	A62
	▶ _____ CBC with differential	A04
Vision/near: target #4 (20/50) or worse	▶ _____ Retest with near point card	A69
Wt > Max (see <u>Body Composition Standards</u>)	▶ _____ Body Fat [if over 22% M or 33% F, dispense <u>Body Fat Letter</u>]	A06

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Internal Medicine Concerns:**Testing Required:**

Age ≥ 40 male <u>and</u> either hypertensive, on Rx for BP, or current smoker	▶ _____	CST (Bruce Protocol)*	A09
Age ≥ 50	▶ _____	CST (Bruce Protocol)*	A09
Alcohol Abuse, DUI, hangovers, eye-openers, or binge drinking (≥6 drinks) within the last 2 years	▶ _____	Blood Chemistry Panel	A03
	▶ _____	CBC with differential	A04
	▶ _____	HDL	A27
Anemia, if within last 2 years	▶ _____	CBC with differential	A04
Diabetes	▶ _____	CST (Bruce Protocol)*	A09
	▶ _____	Hemoglobin A1c	A29
Diabetes, corrected far acuity OU >20/30 on chart test	▶ _____	Glucose, serum (send to lab)	A25
Thyroid, Rx or disease in last 2 years	▶ _____	TSH	A62
Liver Enzymes, Hx of elevation	▶ _____	Blood Chemistry Panel	A03
Vaginal Bleeding, recent irregular	▶ _____	CBC with differential	A04
*If both CST and Treadmill Run are indicated	▶ _____	CST (Bruce Protocol)	A09
	▶ _____	Albuterol, if indicated above	A01

Orthopedic Concerns:**Testing Required:**

Cervical spine surgery	▶ _____	Cervical spine x-ray, 4 view (lateral flexion, lateral extension, bilateral obliques)	A10
Cruciate tear regardless of surgical status	▶ _____	Knee x-ray, 2 view (standing AP/lateral)	A35
Hip pain in last 2 years, or surgery at any time	▶ _____	Hip x-ray, 1 view (AP)	A85
Lumbar surgery	▶ _____	Lumbar x-ray, 3 view (standing lateral & bilateral obliques)	A98
Knee surgery or arthroscopy	▶ _____	Knee x-ray, 2 view (standing AP/lateral)	A35
Patella subluxation/dislocation in past 4yrs	▶ _____	Knee x-ray, 2 view (40 deg Sunrise/lateral)	A35
Patellar-femoral syndrome in the past 4yrs	▶ _____	Knee x-ray, 2 view (40 deg Sunrise/lateral)	A35
Scoliosis	▶ _____	Spine x-ray, 2 view (standing thoracic & lumbar AP)	A55
Spondylolisthesis	▶ _____	Lumbar x-ray, 2 view (standing AP & lateral)	A37

NOTE: Standing views must be done without shoes

Medication Concerns:**Testing Required:**

Carbamazepine, current use for seizures	▶ _____	Carbamazepine (serum)	A08
Carisoprodol (Soma), use in last 6 months, but none in last month	▶ _____	Carisoprodol (urine)	A92
Cyclobenzaprine (Flexeril), use in last 6 months, but none in last month	▶ _____	Cyclobenzaprine (urine)	A93
Hydrocodone (Vicodin) use in last 6 months, but none in last month	▶ _____	Hydrocodone (urine)	A87
Levetiracetam (Keppra) current use for seizures	▶ _____	Levetiracetam (serum)	A18
Oxycodone (Percocet) use in last 6 months, but none in last month	▶ _____	Oxycodone (urine)	A89
Phenytoin (Dilantin), current use for seizures	▶ _____	Phenytoin (serum)	A42
Tramadol (Ultram) use in last 6 months, but none in last month	▶ _____	Tramadol (urine)	A90
Valproic Acid (Depakote), current use for control of seizures	▶ _____	Valproic Acid (serum)	A66