

PRE-PLACEMENT PROTOCOL SHEET

Name: _____

SSN: _____ DOB: _____ Date: _____

Contractor: _____

ITEM NUMBER: 2749

CLASS TITLE: Custody Assistant

COMMENTS: Observes inmates and supervises recreational and work activities, and works in a control booth to monitor inmate movement and control entry gates. Some assignments have excessive repetitive wrist motion. Go to 7 week Academy with 3 mile runs & circuit training (push-ups, sit-ups, 220 yd runs) twice/week, defensive tactic training. Running is at 6 mph pace.

PACKAGE: SAFETY (record results on Safety Pre-Placement Exam Data form)

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- _____ Height/Weight (Review Body Composition Standards)
- _____ Dipstick urinalysis for glucose, bilirubin, protein, and blood
- _____ Drug test (County 8-drug panel) after completion of Drug Test Notification Form
- _____ Blood pressure, pulse rate
- _____ Far acuity: Corrected OD, OS, OU (Titmus)- do monocular testing first
 ▶ If either eye >20/30, repeat corrected with ETDRS chart
- _____ Near vision: Corrected OU (Titmus)
- _____ EKG
- _____ Spirometry
- _____ Audiometry: ▶ If any threshold >25 dB (except 6 or 8 kHz), do manual repeat
- _____ Review of Safety Pre-Placement Questionnaire
- _____ Physical Exam: Safety

REQUIRED ADDITIONAL TESTING:

- _____ Review of Supplemental Respirator Questionnaire

A57

REFLEXIVE TESTING:

Clinical Findings:

Testing Required:

Dipstick (+) for bilirubin	▶ _____ Blood Chemistry Panel	A03
	▶ _____ CBC with differential	A04
Dipstick (+) for blood unless menstruating	▶ _____ Urinalysis, Complete	A63
Dipstick (+) for glucose	▶ _____ Hemoglobin A1c	A29
Dipstick (+) for protein	▶ _____ Urinalysis, Complete	A63
EKG: >1 PVC	▶ _____ Cardiac Stress Test (Bruce)	A09
Hand deformity or weakness	▶ _____ Jamar X 3, each hand	A34
Restrictive pattern with FVC < LLN and chest wall expansion >1.5"	▶ _____ Chest x-ray, 1 view (PA)	A11
Tachycardia, sinus on ECG & physical exam	▶ _____ TSH	A62
	▶ _____ CBC with differential	A04
Vision/near: target #4 (20/50) or worse	▶ _____ Vision retest with near point card	A69
Wt > Max (see <u>Body Composition Standards</u>)	▶ _____ Body Fat [if over 22% M or 33% F, dispense <u>Body Fat Letter</u>]	A06

Internal Medicine Concerns:**Testing Required:**

Age ≥ 40 male <u>and</u> either diabetic, on Rx for BP, or current smoker	▶ _____ Cardiac Stress Test (Bruce Protocol)	A09
Age ≥ 50	▶ _____ Cardiac Stress Test (Bruce Protocol)	A09
Alcohol Abuse, DUI, hangovers, eye-openers, or binge drinking (≥6 drinks) within the last 2 years	▶ _____ Blood Chemistry Panel	A03
	▶ _____ CBC with differential	A04
	▶ _____ HDL	A27
Anemia, if within last 2 years	▶ _____ CBC with differential	A04
Diabetes, corrected far acuity OU >20/30 on ETDRS chart	▶ _____ Glucose, serum	A25
Diabetes	▶ _____ Hemoglobin A1c	A29
Vaginal Bleeding, recent irregular	▶ _____ CBC with differential	A04

Orthopedic Concerns:**Testing Required:**

Cruciate tear regardless of surgical status	▶ _____ Knee x-ray, 2 view (standing AP/lateral)	A35
Hip pain in last 2 years, or surgery at any time	_____ Hip x-ray, 1 view (AP)	A85
Knee surgery or arthroscopy	▶ _____ Knee x-ray, 2 view (standing AP/lateral)	A35
Patella subluxation/dislocation in past 2 years	▶ _____ Knee x-ray, 2 view (40 deg Sunrise/lateral)	A35
Patellar-femoral syndrome in the past 2 years	▶ _____ Knee x-ray, 2 view (40 deg Sunrise/lateral)	A35
Scoliosis	▶ _____ Spine x-ray, 2 view (standing thoracic AP/ standing lumbar AP)	A55
Spondylolisthesis	▶ _____ Lumbar x-ray, 2 view (standing AP/standing lateral)	A37

NOTE: Standing views must be done without shoes

Medication Concerns:**Testing Required:**

Carbamazepine, current use for seizures	▶ _____ Carbamazepine (serum)	A08
Carisoprodol (Soma), use in last 6 months, but none in last month	▶ _____ Carisoprodol (urine)	A92
Cyclobenzaprine (Flexeril), use in last 6 months, but none in last month	▶ _____ Cyclobenzaprine (urine)	A93
Hydrocodone (Vicodin) use in last 6 months, but none in last month	▶ _____ Hydrocodone (urine)	A87
Levetiracetam (Keppra) current use for seizures	▶ _____ Levetiracetam (serum)	A18
Lithium, current use	▶ _____ Lithium (serum)	A36
Oxycodone (Percocet) use in last 6 months, but none in last month	▶ _____ Oxycodone (urine)	A89
Phenytoin (Dilantin), current use for seizures	▶ _____ Phenytoin (serum)	A42
Tramadol (Ultram) use in last 6 months, but none in last month	▶ _____ Tramadol (urine)	A90
Valproic Acid (Depakote), current use for control of seizures	▶ _____ Valproic Acid (serum)	A66