PRE-PLACEMENT PROTOCOL SHEET

Name: _____

SSN:_____ DOB:_____ Date:_____

Contractor:_____

ITEM NUMBER: 2707
CLASS TITLE: Deputy Sheriff Trainee

PACKAGE: SAFETY (record results on Safety Pre-Placement Exam Data form) S

_____ Height/Weight: if Wt > Max (see Body Composition Standards), see below
_____ Dipstick urinalysis for glucose, bilirubin, protein, and blood
_____ Drug test (County 8-drug panel) after completion of Drug Test Notification Form
_____ Blood pressure, pulse rate
_____ Far acuity: Uncorrected OD, OS, OU (Titmus)- do monocular testing first
►If either eye >20/30, repeat uncorrected with BL/ETDRS chart
►If either eye >20/30 by BL/ETDRS, repeat BL/ETDRS with correction
_____ Near vision: Best OU (Titmus): ►if target #4 (20/50) or worse, see below
_____ EKG
_____ Spirometry
_____ Audiometry: ► If any threshold >25 dB (except 6 or 8 kHz), do manual repeat
_____ Review of Safety Pre-Placement Questionnaire: If uncorrected vision >20/70, get contact lens hx. If hx of refractive surgery, take supplemental hx.
_____ Physical Exam: Safety

REQUIRED TESTING:

_____ HRR color plate test (County version) – If any errors, see Reflexive Testing A61

REFLEXIVE TESTING:

Clinical Findings:		**Testing Required**:	
Dipstick (+) for bilirubin	►	_____ Blood Chemistry Panel _____ CBC with differential	A03 A04
Dipstick (+) for blood/protein unless menstruating	►	_____ Urinalysis, Complete	A63
Dipstick (+) for glucose	►	_____ Hemoglobin A1c	A29
EKG: >1 PVC	►	_____ CST (Bruce)*	A09
EKG: short PR interval (<120 ms)	►	_____ CST (Bruce)*	A09
Hand deformity or weakness	►	_____ Jamar X 3, each hand	A34
HRR Color Plate error(s)	►	_____ POST Color Naming Test	A21
Obstructive pattern with FEV1/FVC < LLN and FEV1 <100% predicted with no use of Albuterol today	► ►	_____ Treadmill Run (no leads)* _____ If Albuterol use in last 2 years, draw serum level just before run	A94 A01
Restrictive pattern with FVC < LLN and chest wall expansion >1.5”	►	_____ Chest x-ray, PA _____ Treadmill Run (no leads)*	A11 A94
Tachycardia, sinus on ECG & physical exam	►	_____ TSH _____ CBC with differential	A62 A04
Vision/near: target #4 (20/50) or worse	►	_____ Retest with near point card	A69
Wt > Max (see Body Composition Standards)	►	_____ Body Fat [if over 22% M or 33% F, dispense Body Fat Letter]	A06

(**Continued on next page)**

Internal Medicine Concerns:		Testing Required:	
Age ≥ 40 male and either hypertensive, on Rx for BP, or current smoker	►	_____ CST (Bruce Protocol)*	A09
Age ≥ 50	►	_____ CST (Bruce Protocol)*	A09
Alcohol Abuse, DUI, hangovers, eye-openers, or binge drinking (≥6 drinks) within the last 2 years	► ► ►	_____ Blood Chemistry Panel _____ CBC with differential _____ HDL	A03 A04 A27
Anemia, if within last 2 years	►	_____ CBC with differential	A04
Diabetes	►	_____ CST (Bruce Protocol)* _____ Hemoglobin A1c	A09 A29
Diabetes, corrected far acuity OU >20/30 on chart test	►	_____ Glucose, serum (send to lab)	A25
Thyroid, Rx or disease in last 2 years	►	_____ TSH	A62
Liver Enzymes, Hx of elevation	►	_____ Blood Chemistry Panel	A03
Vaginal Bleeding, recent irregular	►	_____ CBC with differential	A04
*If both CST and Treadmill Run are indicated	► ►	_____ CST (Bruce Protocol) _____ Albuterol, if indicated above	A09 A01

Orthopedic Concerns:		Testing Required:	
Cervical spine surgery	►	_____Cervical spine x-ray, 4 view (lateral flexion, lateral extension, bilateral obliques)	A10
Cruciate tear regardless of surgical status	►	_____Knee x-ray, 2 view (standing AP/lateral)	A35
Hip pain in last 2 years, or surgery at any time	►	_____Hip x-ray, 1 view (AP)	A85
Lumbar surgery	►	_____Lumbar x-ray, 3 view (standing lateral & bilateral obliques)	A98
Knee surgery or arthroscopy	►	_____Knee x-ray, 2 view (standing AP/lateral)	A35
Patella subluxation/dislocation in past 4yrs	►	_____Knee x-ray, 2 view (40 deg Sunrise/lateral)	A35
Patellar-femoral syndrome in the past 4yrs	►	_____Knee x-ray, 2 view (40 deg Sunrise/lateral)	A35
Scoliosis	►	_____Spine x-ray, 2 view (standing thoracic & lumbar AP)	A55
Spondylolisthesis	►	_____Lumbar x-ray, 2 view (standing AP & lateral)	A37

NOTE: Standing views must be done without shoes

Medication Concerns:		Testing Required:	
Carbamazepine, current use for seizures	►	_____ Carbamazepine (serum)	A08
Carisoprodol (Soma), use in last 6 months, but none in last month	►	_____ Carisoprodol (urine)	A92
Cyclobenzaprine (Flexeril), use in last 6 months, but none in last month	►	_____ Cyclobenzaprine (urine)	A93
Hydrocodone (Vicodin) use in last 6 months, but none in last month	►	_____ Hydrocodone (urine)	A87
Levetiracetam (Keppra) current use for seizures	►	_____ Levetiracetam (serum)	A18
Oxycodone (Percocet) use in last 6 months, but none in last month	►	_____ Oxycodone (urine)	A89
Phenytoin (Dilantin), current use for seizures	►	_____ Phenytoin (serum)	A42
Tramadol (Ultram) use in last 6 months, but none in last month	►	_____ Tramadol (urine)	A90
Valproic Acid (Depakote), current use for control of seizures	►	_____ Valproic Acid (serum)	A66